## Tillamook County Giving Guide 2022-2023



Provided by donations and the Tillamook County Pioneer



#### People Caring For Tillamook

Few things in life are as important as good health and life itself. Yet good health is often taken for granted until injury or illness strikes. Our healthcare team provides around-theclock medical excellence on the Northern Oregon coast. We are committed to your health — for life!

#### **Caring Gifts**

The generosity of many individuals and organizations makes it possible to fulfill our mission of inspiring health, wholeness and hope. Caring gifts may be made both during your lifetime or as a legacy gift through your will. We welcome gifts of cash, real estate, stocks, bonds, mutual funds, life insurance and retirement fund assets.

#### **Community Impact Highlights**

Gifts and grants inspire health, wholeness and hope in the following ways around our community:

**Ambulance:** Keep our emergency medical services at peak performance and help save lives.

**Children's Health:** Help children thrive and grow up ready to learn through projects around Tillamook County.

**Community Well-being:** Help neighbors all around Tillamook County live longer and enjoy their best health.

**Faith in Action:** Offer hope and support to people of all ages who have chronic illness and ability challenges through Wellspring Respite Day Center.

**Hospice:** Light a candle of compassionate care for individuals in the last months of their life.

**To make a gift, visit** AdventistHealthTillamook.org/giving

#### **Contact Us**

Office of Philanthropy 1000 Third St., Tillamook, OR 97141 503-815-2308 AH\_TillamookGiving@ah.org

#### Adventist Health Tillamook

1000 Third St., Tillamook, OR 97141 503-842-4444 503-368-6544 (N. County) 503-842-3500 (TDD-Hearing Impaired Assistance)



FULCRUM

#### COMMUNITY RESOURCES

2022 is the 6th year for the annual Tillamook County Giving Guide, produced in partnership between Fulcrum Community Resources and the Tillamook County Pioneer. Our goal with this Guide is to give you information and encouragement to support with your dollars and your time, those who give so much to support us. These organizations provide vital services, resources and support to our community. Your generosity is needed! Thank you to all those who have donated, discovered and volunteered in past years!

Thank you to local photographer Johanna Froese for our featured cover photo this year. We sent a request through a local photographers group to share photos that evoked "community connection" and that shows our connection to each other, to this place, to nature. We received dozens of photos and there were many wonderful options with views of mountains, beaches, wildlife, people and more. This photo provides a unique sunset view of Tillamook Bay bathed in a golden light and the sunrays provide an awe-inspiring touch which defines the roles of our many local nonprofits. They provide awe-inspiring services and resources that make a difference in so many lives, lighting up our lives and touching all of us in unique and diverse ways.

By making your year-end giving donations locally, you are helping to foster these community connections through these organizations. They impact our health and wellness, sustainability, environmental stewardship, conservation, food security, housing, universal access, women's issues, children's well-being, animal welfare, education, and arts and culture, to create a strong and vibrant community. They collaborate and form partnerships which builds a culture of efficiency, cooperation and communication. They provide jobs, a trained and inclusive workforce, volunteer opportunities, internships, and training. They give us opportunities to connect, heal and play. And they need our support!

Featured on these pages are some of our many Tillamook County nonprofits and service organizations. Recognizing that many organizations do not have the budget to pay for a profile, which covers the cost of printing and mailing, at the back of the Guide there is a contact list of most of the nonprofits and organizations in the county. This free listing is available to any Tillamook County nonprofit or service organization.

We welcome your feedback, comments and suggestions by sending an email to: barbaraandchuck@ nehalemtel.net. We especially want to hear from you if don't see your favorite group on a page or in the list in the back. Please send contact info for that organization to the above email address.

Fulcrum Community Resources Board of Directors Barbara McLaughlin, President; Lane deMoll, Secretary; Lucy Brook, Treasurer Sedona Torres, Fae Scott, and Laura Swanson

Fulcrum Community Resources' mission is to **foster the transition of the Nehalem Bay community to** *a sustainable future.* Our volunteer group initiates and coordinates local programs in north Tillamook County. We also sponsor others' projects that fit with our mission and goals. We see Fulcrum, not as a hub, but as an enabling node – one of many groups locally who are organizing and creating projects. Our guiding philosophy is that the most effective and innovative projects are initiated at the grassroots community level. www.fulcrumresources.org

PO Box 136, Nehalem, OR 97131 fulcrumresources.org 503-368-6874

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KTCB TILLAMOOK 89.5 FM

**KMUN ASTORIA 91.9 FM** 

https://www.artaccelerated.org/about-us artaccelerated@gmail.com (503)809-9172

Mission: Art Accelerated is an artist-based organization, promoting the arts and supporting contemporary artists in Tillamook County with exhibitions, performances, and educational programs for youth and adults.

Local Tillamook County art organization is committed to promoting art education county-wide for citizens of all ages, as well as enriching and fostering the county's art and cultural life. Events, local exhibits, and activities are open to the entire community. Art Accelerated partners with Roby's Furniture Showroom (1901 Main Avenue) and other Tillamook businesses to showcase local artist's work. Partnering with local school districts and teachers enriches art programing.

Use the Donate button on the website. Corporate giving is appreciated. Donations to our organization are tax deductible. This is an Oregon Cultural Trust matching organization. Memberships start at \$25.

Events can always utilize volunteers. Creative instructors are encouraged to teach on zoom or create short 'how to' videos for website and YouTube site. Writers interested in recording a reading to share on YouTube may contact the organization. We host online painting and drawing classes via Zoom, as well as monthly Zoom Writers' Meetups. Visit the website for information about current and upcoming activities and events



KMUN is your voice in the Lower Columbia Pacific Region. Serving the southwest Washington and northwest Oregon coast, KMUN has brought commercial-free, independent local public affairs, news, and music programming to your radio speakers since the spring of 1983.

KMUN works with other local nonprofits -- The Liberty Theatre, Oregon Black Ploneers, Sparrow Dance Company, The Coaster Theatre, the Clatsop County Historical Society, KAYN Bay City, and others -to produce content that highlights the hard work, talent, creativity, relevant issues, and successes of organizations in our region.

We are always searching for more organizations to partner with. If you would like to connect with us, find us online or give us a call Mon - Fri, 9am - 5pm. We want to help you share your work with the community.

#### SEARCH KMUNTV ON YOUTUBE TO FIND LOCAL ELECTION COVERAGE, MUSIC, THEATRE, DANCE, AND EDUCATIONAL PRODUCTIONS

Donations to KMUN help to fuel these collaborations, and it couldn't be easier! Go to **KMUN.org** and click on the big, red donate button to learn about all of the ways you can support us. You can become a member by making a donation of any size.

503-325-0010 PO Box 269 Astoria, OR 97103 KMUN.org

## **DO YOU EVER** WONDER...





*What happens to the person* you see in the park who is experiencing homelessness?



*How can you help the family* who is struggling to make ends meet after another rent increase?



*Where will you live after falling ill* when all you have to live on is Social Security and Medicaid? GIVE A GIFT TO CARE TODAY TO HELP FAMILIES IN NEED IN YOUR COMMUNITY!

CARE is here to help, and through your gift to CARE, you will be helping your friends and neighbors in Tillamook County. *Giving to CARE has never been more important!* 

#### THROUGH YOUR GIFT YOU WILL SUPPORT...

Hundreds of our local families to receive *housing assistance, utility assistance, case management and support for basic needs* like shower vouchers, bus passes and our winter warming center through CARE's SOCIAL SERVICES programs.

CARE's Infant Family Specialists work with new parents in the HEALTHY FAMILIES program to *improve early childhood outcomes* for both the child and parents.

The development of *new shelter programs* that will provide a safe space for unhoused, unsheltered members of our community throughout Tillamook County.

*Supportive Services for Veteran Families* to provide short-term rental assistance for veterans and their families who are experiencing homelessness or are at risk of being evicted. To make a donation or to learn more about our services, contact CARE at: **careinc.org/donate** 

**503-842-5261** 2310 1st St., Suite 2 Tillamook, OR 97141

Community Action Resource Enterprises (CARE), Inc. is driven by our mission to foster changes that create healthier, more resilient communities throughout Tillamook County, and empower people as they work to meet their immediate, basic needs.

### CHILD



Christ's Hands In Loving Devotion Nehalem Bay UMC, 36050 10<sup>th</sup> Street (PO Box 156) Nehalem, Oregon 97131 503-368-5612 / nbumcchild@gmail.com

The CHILD Program (Christ's Hands In Loving Devotion) was founded in the Fall of 2017 to help children of families living in Tillamook County at Back to School and Christmas time. CHILD makes every attempt to provide a new outfit, shoes, jacket and needed school supplies for students who might otherwise do without at the beginning of each school year. CHILD also provides gifts for these children from their wish list at Christmas time. This program is to assist families who are having difficulty providing necessities, let alone the extras

that come with back to school and the holidays. Parents register with CHILD and keep the information up to date to participate in the program; applications returned by July 10<sup>th</sup> for Back to School and Nov. 1<sup>st</sup> for participation in the Christmas portion of the program. **LOOK FOR TAGS** with children's wishes in local businesses, or front window of the church.



Everything the children registered with CHILD receive is donated by individuals and organizations from our local community. Donations are tax deductible.



NEHALEM SENIOR LUNCHES Nehalem Bay United Methodist Church 36050 10<sup>th</sup> St. Nehalem 503-368-5612 The NBUMC Food Pantry is open Friday, Saturday, and Monday from 10 a.m. to 2 p.m. and Wednesday from 2 p.m. to 6 p.m. for local residents and travelers needing help putting food on their table. Food is provided by the Tillamook Food Bank as well as donations from local businesses and individuals. In addition to the Food Pantry, the NBUMC also runs a small clothing bank on the same days as the Food Pantry.

Nehalem Senior Lunches are provided by the Nehalem Bay United Methodist Church. NBUMC offer meals to seniors every Tuesday and Thursday. A donation of \$5 per meal is requested. Meals are delivered to those who are unable to come to the church. Seating begins at 11:30 with lunch served at noon.

Requests and/or Donations can be made to the Nehalem Bay United Methodist Church.

503-368-5612 nbumcpantry@gmail.com PO Box 156 Nehalem OR 97131



## **Who is** Columbia Pacific CCO?

And how are we working to improve the lives of all Northwest Oregon residents?



#### Who we are

Columbia Pacific CCO is a coordinated care organization (CCO). Oregon's nonprofit CCOs provide health care coverage, but that's not all. We also support programs that create healthy communities by increasing access to fresh food and safe, affordable housing, promoting early literacy and trauma-informed care, and much more.

Who we serve: Every day, Columbia Pacific CCO helps more than 34,000 residents of Tillamook, Clatsop and Columbia counties access physical, dental and mental health care and prescription drug coverage through the Oregon Health Plan (OHP), Oregon's Medicaid program.

What we offer: Through our growing network of providers, we offer care and substance use treatment. We also offer these important services:

- Interpretation
- Transportation options
- Care coordination

#### How we listen

The counties we serve have unique cultures and needs. That's why we rely on our Community Advisory Councils (CACs) to give us feedback on local health issues, such as health equity and social needs that impact health. Our CACs also suggest ways to improve our programs, review grant applications and more. Interested in joining one of our CACs?

#### Learn more: colpachealth.org/for-partners/ community-advisory-council

You should also know: We strive to promote the health of everyone in our region. Between 2020 and 2021, we committed nearly \$5.3 million to local organizations working to improve the health, well-being and resiliency of our communities.

Learn about grant opportunities: colpachealth. org/for-partners/community-grant-programs

Have more questions about who we are and what we do? Email us at: caccoordinator@colpachealth.org or visit our website: colpachealth.org

AAAAAA

Columbia Pacific CCO™ Part of the CareOregon Family



www.evcnb.org - into@evcnb.org

#### MISSION:

The EVCNB provides structures to:

- Teach and encourage personal preparedness
- Demonstrate, promote, and measure community emergency preparedness
- Support our region with technical expertise focused on evaluation of best practices for community resilience
- Actively support our communities' emergency responders

Through programs developed by EVCNB, citizens are offered tools and training to be self-sufficient after a large-scale disaster. Focus is on the Nehalem Bay region and support is extended to all of Tillamook County. We are preparing our community by prepositioning supplies, preparing shelters and creating support systems to endure a period of isolation from outside support. We are dedicated to building community and regional resilience, and creating a culture of emergency preparedness. GoBag Pop-up Store, community meetings, and other important dates can also be found on our website.





#### Training registration available on our website for classes such as:

- Water, Sanitation & Hygiene (WaSH)
- **Emergency Communication-Yellow Radio**
- Community Emergency Response Team (CERT)

**Donate Online:** www.evcnb.org with credit card or PayPal **Donate By mail:** PO Box 598 Manzanita, OR 97130-0598

#### **Giving Opportunities:**

Designate Emergency Volunteer Corps of Nehalem Bay as the recipient of funds generated through your purchases from the Fred Meyer Community Rewards Program and the Amazon Smile Program:

- https://www.fredmeyer.com/topic/community-rewards-4
- https://smile.amazon.com

#### Volunteer Opportunities:

Volunteers are needed in many aspects of our work, such as: Prepare Your Neighborhood Cluster Leaders, Yellow Radio Leaders, Community Emergency Response Team members, event support, communication and outreach work, and fundraising.



P.O. Box 58, Manzanita, OR 97130 EugeneSchmuckFoundation.org ESFfoundation@yahoo.com 503-739-0909

Donations to our organization are tax deductible. Donations to the Eugene Schmuck Foundation can be made online on our website EugeneSchmuckFoundation.org or by mail. Mission: Recognize the needs of the citizens of North Tillamook County, Conduct an annual event intended to draw support from local citizens and visitors, Generate funds from this event at a minimum cost, Distribute funds raised to bona-fide organizations serving North Tillamook County, Provide educational scholarships to North Tillamook County students.

The Eugene Schmuck Foundation (ESF) is a 501(c)3 charitable nonprofit organization in North Tillamook County founded in 1997. ESF raises funds via the annual Manzanita Open golf tournament, a 3-Day event. ESF provides several scholarships each year to North County students and supports many of the organizations featured in this Giving Guide. As of the end of 2022, ESF has donated more than \$1.5 million to local organizations. Please see our website for more information.

ESF hosts the Manzanita Open is a 3-Day, 9-hole scramble charitable golf tournament held at the Manzanita Links golf course on the beautiful North Oregon Coast in May.

Event Sponsorships: Sponsorship information can be found on our website at EugeneSchmuckFoundation/Sponsors.org. Sponsorship levels vary, with some including signage at the annual Manzanita Open event and on our website. ESF has several sponsorships via employer 401K fund matching. ESF is a registered member of YourCause, a non-profit disbursement organization. Volunteer Opportunities: ESF volunteer requirements are limited to the 3-day Manzanita Open. To become a Board Member or a volunteer, please let one of us know or send an email (ESFfoundation@ yahoo.com).



Friends of Netarts Bay WEBS works to sustain the Netarts Bay area through education and stewardship. WEBS fundraises to bring hands-on learning opportunities to k-12 students and the public, support community science and stewardship projects, and more. All of this is offered at no charge to participants.

#### visit www.netartsbaywebs.org



Learn more and stay connected by visiting our website, attending a program, or subscribing to our newsletter. There are learning opportunities for everyone. Help WEBS on youth or public education events, join a stewardship team or contribute behind the scenes. No experience is needed and there are many ways you can help.

MOLUNIA



## Find a link online at NetartsBayWEBS.org or

Find a link online at NetartsBayWEBS.org or send a check to PO Box 152 Netarts, OR 97143



Friends of Tillamook Police 210 Laurel Avenue Tillamook, Oregon 97141 503-664-0297 info@friendsoftillamookpolice.org

The mission of the Friends of Tillamook Police is to enhance the quality of life in Tillamook buy educating the community about crime prevention and by funding crime prevention, youth programs, and other police services.

The primary purposes of this corpration's activities are to prevent crime and to promote comunity safety and wellbeing through public education and youthe programs. Examples of programs the corporation will support in clude but are not limited to Nehigborhood Watch, Buesiness Watch, Citiszen Police Academy, Tillamook Police Cadets, You Programs, and the Tillamook Police Auxiliary volunteers.

Your donation helps our Shop with a Cop Program, Supporting Teen Drivers through hands on educational activities, and our mission.

Tax deductible donations are accepted in the form of cash, check, or online at our website, click on donate.

Get in touch by calling if you'd like to volunteer!





Helping Hands Reentry Outreach Centers P.O. Box 413 helpinghandsreentry.org contact\_us@helpinghandsreentry.org

Donations to our organization are tax deductible.

Helping Hands Reentry Outreach Centers provides Trauma-Informed, Data-Driven, Person-Centered services for those experiencing homelessness in Oregon through Resources, Recover, and Reentry.

Helping Hands Reentry Outreach Centers provides low-barrier 30-day emergency shelter and a longterm Reentry Program for individuals and families experiencing homelessness in the state of Oregon. In the shelter, there are 3 meals a day, 24/7 access to snacks, a bed, showers and access to resources to make the next step. The Reentry Program offers case management and a customized Individual Reentry Plan in addition.

#### Hope for the Holidays

To Donate, mail a check to P.O. Box 413 Seaside, OR 97138, donate online at helpinghandsreentry.org For event sponsorships and corporate giving, reach out to grants@helpinghandsreentry.org

Helping Hands provides classes for the participants of its Reentry Program that range from life skills, money management, mental wellness, and many others. If you are interested in volunteering to lead or facilitate one of these programs, please email contact\_us@helpinghandsreentry.org



#### Meals for Seniors, Inc.

**Mission Statement:** Our mission is to enable the senior citizens of North Tillamook County to continue living independently in their own homes by providing access to nutritious meals and social occasions.

**OVERVIEW:** Since 2003, Meals for Seniors, Inc. has been preparing, cooking, serving and delivering fresh, hot meals to senior citizens. We serve meals Monday, Wednesday and Friday at 11:30 am, 52 weeks of the year at the kitchen and dining facility at St. Mary by the Sea Church in Rockaway Beach. Between Garibaldi and Nehalem, we also deliver meals to home bound seniors. For the home bound we deliver 6 meals per week, plus snacks. For many of them, this is the only meal they may have on a given day. We are a volunteer managed and operated organization and funding for our program comes from donations and grants. In 2021 our volunteers donated 4,606 hours of their time and drove 6,708 miles to get hot meals delivered to our vulnerable homebound. In 2022 we are on track to prepare, serve or deliver 11,600 meals!

**To Donate:** Meals for Seniors, Inc. is a 501 (c) (3) non-profit, all donations are deductible to the extent allowed by law. Send a check to Meals for Seniors, Inc. at PO Box 852, Rockaway Beach, OR 97136, or make a donation through PayPal on our website at **mealsforseniorsrockawaybeach.org/donate.** 

A donation of \$24 will provide a homebound senior citizen with 6 meals and snacks for a week; \$96 will provide meals and snacks for a month. On behalf of our senior citizens, we very much appreciate your support.

**Contact/Volunteer Opportunities:** Volunteer drivers and kitchen volunteers are always welcome. If you, or someone you know who lives between Garibaldi and Nehalem and is home bound and needs meal service please do not hesitate to call Theresa Bruneau, President at **503-317-8967**, or e-mail us at **mealsforseniorsinc@gmail.com**. We also invite you visit our website at **www.mealsforseniorsrockawaybeach.org** or like us on Facebook.



Preserving land and nurturing conservation values in partnership with an engaged community in the Nehalem region of the Oregon Coast.

### COMMUNITY CONSERVATION EDUCATION

## ENGAGE

Help us protect and restore natural habitat in the Lower Nehalem Watershed of the Oregon Coast.

Events: Alder Creek Farm Community Plant Sale Living Locally Gala Harvest Festival Biennial Estuary Clean-Up

Be part of our volunteer commuinity. We all have a role to play.

Stewardship, Monitoring and Work Parties Alder Creek Farm Community Garden General Volunteer Opportunities Educational Events and Workshops

Together we will create a legacy of conservation for future generations. Every bit counts.

General Donations Land Donations Legacy Giving Memorial Giving

### NEHALEMTRUST.ORG

PO Box 496 Manzanita OR 97130 503-368-3203 lnct@nehalemtrust.org

## VOLUNTEER

## DONATE

# MUDD NICK /

Help us change children's lives today and tomorrow and broaden their horizons to pursue their DREAMS!!



Our mission is to provide learning experiences to all of the children in North Tillamook County through programs in collaboration with our community partners. The foundation's passion is to positively impact the lives of children in this region.

### To make a donation visit our website MUDDNICKFOUNDATION.com



Get in Touch: healthywatershed.org rockawaycitizen.water@gmail.com (503) 355-2516

Donations to our organization are tax deductible! Donate by visiting our website's donation page https://healthywatershed.org/donate/



**Mission Statement:** North Coast Communities for Watershed Protection (NCCWP) is a grass-roots association of citizens from Rockaway Beach and surrounding communities. The group began in 2012 with the actions of one Rockaway citizen concerned about clear cutting for forestland and aerial spraying in the Jetty Creek Watershed - the sole source of her community's drinking water. The group now partners with neighboring communities facing air- and water-quality issues and with statewide organizations advocating for forest practices that will ensure clean air and water for all living beings.

Our goals are to educate citizens about the connection between forest practices and the quality of their air and water, to advocate for forest practices that will ensure clean air and water, to support communities working to protect their watershed, no more clearcutting and pesticide spraying in our drinking water sources, regardless of land ownership, as our watershed is rightfully part of the public trust.

Sign up to volunteer or simply come to our events or meetings! We are completely grassroots meaning we are just members of the community who individually decide to come together around this cause. Attend our meetings and education opportunities, help us with our petition and awareness campaign efforts, join our rallies and other events, help coordinate volunteers, help with social media, help with our citizen science efforts (including water turbidity testing), and campaign organizing.











Top to bottom: Nehalem Bay Health Center & Pharmacy's patient transport van; Weekly North County Walking Group; NKN Student Health & Wellness Center; Community Wellness Class farm tour; Nehalem Bay (the view that inspired our logo).



(Formerly known as Rinehart Clinic & Pharmacy) Wheeler, Oregon

#### **Mission Statement:**

Delivering compassionate team-based health care and wellness education to improve the lives of ALL in our community.

#### About Nehalem Bay Health Center & Pharmacy:

Nehalem Bay Health Center & Pharmacy (formerly known as the Rinehart Clinic) is a nonprofit Community Health Center on the North Oregon Coast that provides quality health care services to the entire community, regardless of a person's financial circumstances.

Nehalem Bay Health Center & Pharmacy is recognized by the Oregon Health Authority for its commitment to patient-centered care. Services include primary care for the whole family, naturopathic medicine, acupuncture, mental health counseling, well-child exams, women's health, immunizations, on-site lab services, addiction counseling, 24-hour on-call availability, patient transportation, and health insurance assistance. Several team members are bilingual (English/Spanish), and professional interpreter services are available for anyone who needs language assistance. The care team also offers wellness classes and activities that are free and open to the community. In addition, Nehalem Bay Health Center & Pharmacy operates the Neah-Kah-Nie (NKN) Student Health & Wellness Center, a school-based health center located at Neah-Kah-Nie High School that serves the students and staff of the NKN School District.

Nehalem Bay Health Center & Pharmacy accepts insurance, including the Oregon Health Plan, Medicare, and most private insurance plans. A sliding fee scale is available to all patients based on income, and as a Federally Qualified Health Center, there are programs available to help patients who may have difficulty paying their health care bills.

There is also an on-site pharmacy for the convenience of patients and the community. It is open to everyone (not just patients) and is the only retail pharmacy between Seaside and Tillamook.

The Board of Directors made the decision last year to change the name of the facility from Rinehart Clinic to Nehalem Bay Health Center & Pharmacy. Looking further into the future and the health center's place in the community, the organization's leadership has been in discussions with the Nehalem Bay Health District to plan an eventual new and expanded facility on property owned by the district in Wheeler.

As a non-profit Community Health Center, Nehalem Bay Health Center & Pharmacy depends on a variety of funding, including federal and other grants. The center is also grateful for the generosity of private donors who help offset the cost of providing services to those in our community who need care.

#### To Donate:

- Send a tax-deductible check: Nehalem Bay Health Center & Pharmacy, PO Box 176, Wheeler, OR 97147
- Visit us online for other ways to donate: www.nehalembayhealth.org/contribute

#### Nehalem Bay Health Center & Pharmacy

(Formerly known as Rinehart Clinic & Pharmacy) 230 Rowe Street, Wheeler, Oregon | 1-800-368-5182 | nehalembayhealth.org

# NORTH COUNTY





The North County Food Bank has provided food and hygiene items to people and their pets for over 30 years.

While we're best known for handing out food boxes, we support several local projects that address food insecurity:

- Tuesday weekly food/pet food distribution
- Thanksgiving turkeys with all the trimmings
- Friday Food Bag program at Neah-Kah-Nie High School/Middle School
- Little Free Pantries in Nehalem and Manzanita
- Summer Grub Club programs
- Access to fresh vegetables and plants from Alder Creek Farm
- Repository of information about local and national social service programs

Our Clothing Bank is open to everyone in the community—you don't need to be a Food Bank client to get clothes.





To help fund our programs, donate online at northtillamookcountyfoodbank.org or send a check to:

North County Food Bank PO Box 162 Wheeler, OR 97147

To donate securities or NRA distributions, contact us at northtillamookcountyfoodbank@gmail.com



#### North Tillamook County Women's Association

P.O. Box 73, Manzanita, Oregon 97130 https://ntcwa.org/ president@ntcwa.org

Donations to our organization are tax deductible. Please send donations to the North Tillamook County Women's Association, PO Box 73, Manzanita, OR 97130. Please specify if the donation is targeted to the Scholarship or Women/Children fund.

Mission: Women helping women of all ages and circumstances to make lives, families and communities stronger.

With members from Neahkahnie through Rockaway Beach, the North Tillamook County Women's Association is dedicated to the support of women, families and communities. Our monthly meetings provide opportunities to connect with others through common interests and engage in fundraising, informational programs, and service activities. As a 501c3 nonprofit organization, our major projects include an annual scholarship to a high school senior and awards to local organizations that serve women and children.

Annual fundraising events have included the Holiday Craft and Gift Fair, Tour of Homes, and raffles. The Spring Luncheon honors the scholarship awardee and local organizations serving women and children, such as the Grub Club and Tides of Change. We look forward to resuming activities. We award an annual scholarship to a young woman graduate at NKN High School for vocational or college studies.

How to become a member: Join us for lunch at noon, on the first Tuesday of the month, October through December and February through May. We meet at Pine Grove Community House, 225 Laneda Ave. Manzanita.



#### **North Tillamook Library Friends**

PO Box 147, Manzanita, OR 97130 571 Laneda Avenue, Manzanita, OR 97130

www.northtillamooklibrary.org ntlf1987@gmail.com 503-368-6665

Building a community of learners since 1987

The Friends of the Library is a unique group whose membership funds the maintenance and improvement of the Library's physical building and grounds. This is a group of involved citizens who know that, without their financial and volunteer support, Manzanita would not have a Library that is so convenient, comfortable and easy to use.

Visit our Book Sale!

https://www.northtillamooklibrary.org/become-a-member

# **OREGON** FOOD BANK

#### DONATE:

https://www.oregonfoodbank.org/ about-us/locations/tillamook-food-bank

#### **VOLUNTEER:**

We have volunteer opportunities throughout our network of local pantries and meal sites, helping with food distribution and other special projects.

#### For all Corporate Giving and Volunteer Opportunities Contact:

Mis Carlson-Swanson, Branch Manager MCSwanson@oregonfoodbank.org 503-842-3154



#### MISSION:

At Oregon Food Bank, we believe that food and health are basic human rights for all. We know that hunder is not just an individual experience; it is also a communitywide symptom of barriers to employment, education, housing, and health care. That's why we work on two fronts in our mission to end hunger in Oregon: we build community power to eliminate the root causes of hunger for good.



As one of Oregon Food Bank's branch locations, Tillamook County Services distributes food to 30 hunger-relief agencies and programs throughout the county.

In addition to providing food, Oregon Food Bank Tillamook County Services offers partner agencies technical and financial support and provides SNAP (food stamp) and nutrition outreach.

#### ATHWAY TO THE FUTURE, GATEWAY TO THE PAST

DEPOT UPGRADE PLANS

EDUCATION IS THE GOA Expand and upgrade the current depot to offer educational opportunities





Currently, riders must cross ballast and tracks. With a

depot, riders will have a

concrete platform and wheelchair lifts.

#### JOB CREATION A depot will create at least

five new jobs. Including a manager position and four entry level positions.



PRESERVE LOCAL HISTORY The telegraph office will be restored to working condition for generations to enjoy.

#### ADD TO THE LOCAL AESTHETIC

Adding a water tower, preserving the telegraph office, and upgrading the depot will create a welcoming and beautiful addition to the town.



CONTACT 402 American Ave, Garibaldi, OR 97118 (503) 842-7972

https://oregoncoastscenic.org/

#### **State Forests Trust of Oregon**



PO Box 15036, Salem, OR 97309 45500 Wilson River Hwy, Tillamook, OR 97141 stateforeststrust.org info@stateforeststrust.org 971.301.3055

Donations to our organization are tax deductible, donate by scanning the QR code above or at: stateforeststrust.org/support-the-tfc

**MISSION**: Encourage communities to recreate and learn on Oregon's State Forests to unlock the enduring, special character and value of these working forests.

The Trust is looking for corporate partners to volunteer and donate to various recreational and educational programs offered by the Oregon Department of Forestry.

State Forests Trust of Oregon enables experiences, not covered by taxes, that help visitors enjoy, explore and learn about their State Forests. The Tillamook Forest Center, reopening next spring, annually hosts thousands of school children and welcomes scores of families to an immersive forest experience. Your support will help update Tillamook Forest Center's exhibits, make sustainable enhancements to increase capacity, and expand visitors' benefits from Oregon's State Forests.

Sammy's Place Oregon 501 (c) (3) Contact: Julie Chick PO Box 53, Nehalem, OR 97131 www.sammysplace.info Fall 2022





Sammy's Place began in 2006 with a modest vision to provide respite for those experiencing intellectual and/or developmental disabilities (I/DD) on the coast of Oregon. After recent strategic planning, the organization has realized the extensive lack of resources for individuals and families experiencing I/DD, on the coast. All of our work is based on the vision of creating a welcoming coastal region where *everybody* 

has what they need to thrive. To achieve this, we are committed to modeling the concept of Universal Access throughout our projects: Access so any individual may participate and enjoy an environment, product, or service independently, and ultimately enjoy a good life of our own choice.

Sammy's Place, as the organization, has two primary areas of focus, the **Oregon COAAST Network** [Communities of All Abilities Succeeding Together] that provides networking and community education, and the **Thompson Acres LLC** project, a focus on home ownership for everyone including those who experience I/ DD to live alongside their peers.



In 2019 Sammy's Place acquired

3 acres of land several blocks from the downtown area of the small village of Nehalem on the Coast of Oregon. Close by is public transportation, a recreation/community center, shops, a



small market, and public river access for recreation such as kayaking and fishing. The property came with the need of a massive environmental cleanup. Today, the cleanup is complete with the major work conducted in partnership with the Oregon Dept. of Environmental Quality (DEQ), the Environmental Protection Agency (EPA), funding from Business Oregon, and many volunteer hours. Continued on page two We are a small local team of devoted individuals and parents with direct lived experience with the I/DD community. We seek to provide an opportunity of home ownership, shared living experiences, universal design, and employment exploration, for everyone, at Thompson Acres LLC.

Our community work- whether it is education, support, recreation, or employment - is about connecting people to what makes them thrive as a unique individual using strength based and personcentered ideas. We believe everyone has goals and dreams they can achieve if they have access to the opportunities. The organizational trajectory is to create new opportunities within the coastal region to support fulfilling these dreams.



#### ▼ DONATE to Sammy's Place ▼

Checks: PO Box 53, Nehalem, OR 97131 Online: www.sammysplace.info Contact: julie@oregoncoaast.org

We appreciate you for your continued sustaining contributions. We are moving in an innovative direction of providing much needed housing, community, quality supports, and job exploration opportunities, in balance with nature, for those who call Nehalem home. Thank you to The Collins Foundation,





Amazon Smile Anne Walker Annie Naranjo-Rivera Cliff Sowle Christine Smith Claudine Rehn Collins Foundation Columbia Bank -Manzanita Constance Shimek The Chicks Diane Gibson Elizabeth Cole Eugene Schmuck Foundation Fred Meyer Rewards Gary Fugle Gladys Jacobson Jacob & Zach Nagel Jennifer Kahl Family Julie Robert Kathleen Marvin Kathy Jean Hrywnak Kent Blevins Lane DeMoll Linda & Lyle Huber Loren Parks Lynda Chick Michael Hithe Michael McGuire Patty Baratta Family Patricia Durkin Rebecca Robinson Rowlan Hrywnak Sue Ellen Christensen Sigrid & Karl Heyden The Standard Tina Chick Vicki & Brian Chase Bob & Rita Daggett Lissette Erickson Family

A special loving thank you to Julie Mermaid for always keeping a hyper-focus on the vision and supporting us to keep our eye on the prize for all!



Oregon Community Foundation, Columbia-Pacific CCO, and the Oregon Consortium of Family Networks for your support. Please contact us for unique volunteer opportunities.

SAMMY'S PLACE

CENTER FOR ART AND ECOLO



Sitka Center for Art and Ecology is a 52-years-young 501(c)(3) Tillamook County nonprofit located on Cascade Head in Otis. Our year-round programs inspire creativity and natural wonder in over 5,000 people each year and contribute over \$1 Million in annual art and eco-tourism revenue to the north coast economy.







#### **OUR PROGRAMS**

- Free school-based youth program serving over 1,300 PK-8 students bringing art and nature workshops into Tillamook and Lincoln County K-8 classrooms and free art supplies for kids to use at home
- Over 100 workshops for adults of all skill levels exploring painting, drawing, printmaking, ceramics, fiber arts, writing, poetry, photography, music, nature and more
- Over 50 professional artists and scientists from across the country and around the world live and work in residence, share their experiences and lead projects in the community
- Free public events including art talks, science sessions and book readings

#### Become a member or make a tax-deductible donation

#### **ONLINE:** sitkacenter.org/memberdonor

**BY MAIL:** Sitka Center for Art and Ecology, 56605 Sitka Drive, Otis, OR 97368 Corporate giving & sponsorship opportunities available: Alison Dennis, Executive Director, 541-994-5485 alisondennis@sitkacenter.org

For more information/para más información: Sitkacenter.org

#### Connect with nature and explore your creativity



Sitka partnered with Nestucca K-8 School to host a free four-week science and art summer day camp serving 100 K-8 kids. Activities explored the theme, "Our Community Roots." Youth worked with visiting regional professional artists to explore ways in which connection, communication and culture enrich our communities and everyday lives.

Your gift to Sitka Center will help us expand our youth program into more schools and districts in Tillamook County.



www.smileybrothers.org

**MISSION**: The Smiley Brothers & Sisters Salmon Harvest fulfills the ancient promise of the salmon – to feed the people. Foodgrade quality coho salmon are taken from the Nehalem Fish Hatchery to be processed and canned, then donated to the local food bank. This is a collaboration with the Oregon Department of Fish and Wildlife, 10+ volunteers, FishPeople/Garibaldi Landing, Bell Buoy of Seaside, the North County Food Bank and Oregon Food Bank Tillamook Services.



Neah-Kah-Nie High School students also assist with the program -- from designing the can label to labeling the cans - another important partner with the Smiley Salmon Harvest.

This is a truly community-based project – our fish, feeding our people, supporting jobs at the cannery, community service for the High School, and high-quality Omega-3 proteins with a long, stable shelf life available to our most vulnerable populations.

ANOTHER RECORD-BREAKING SEASON! In 2021, Smiley Brothers & Sisters Salmon Harvest brought 2,200 salmon to be processed and canned. That's over 9,000 cans of high quality protein to every food program in Tillamook County. And we are doing it again. The Smileys also provide salmon meals for our Senior Meals programs. Since 2009, over 8,000 salmon have been provided to our most vulnerable populations. Since 2009, over 6,000 food-grade quality salmon canned, and over 16,000 cans of salmon distributed by our local food banks.Neah-Kah-Nie High School art students designed this year's label.

**DONATE**: More salmon, means more cans ... Our partners provide these services at/or below their costs, so your donations are extremely important every year to ensure that we can process all the salmon available. Smiley Brothers is proud to be a Fulcrum Community Resources program, making donations tax-deductible. It simply cannot be done without your donations to offset costs and provide this ready-to-eat, highly nutritious food for the hungry in our community.



Please send donations, payable to: FULCRUM RESOURCES/Smiley Bros. Salmon Harvest 2021 c/o Laura Swanson 16900 Lucky Lane Nehalem, OR 97131

**VOLUNTEER**: Volunteers are "on-call" during the height of the Coho Salmon run (from late September through October) to transport fish; can labeling.

Volunteer Contact: Laura Swanson, Volunteer Coordinator www.smileybrothers.org laura@nehalemtel.net 503-939-5416

Thank you to our donors! The Eugene Schmuck Foundation, Tillamook County Creamery Association (TCCA), Fresh Foods Marketplace, Encore Development and hundreds of individual donors have made it possible for us to continue to provide canned salmon to our local food bank programs.

#### Thrifty Cooking for Challenging Times Kitchen Maven Cookbook



**Blueberry Bars** 

9-inch square baking pan, ungreased
½ cup unsalted butter, cut in about 16 small chunks
1¼ cups whole wheat pastry flour, measured by spooning method
½ cup granulated sugar
1-2 teaspoons finely grated lemon zest, yellow only
1 teaspoon corn starch, NOT corn flour
½ teaspoon salt \*
¼ teaspoon baking powder
¼ teaspoon ground cardamom
1-3 teaspoons ice cold water
1 cup fresh washed blueberries, thoroughly dried
Preheat oven to 375 degrees F.
Freeze butter chunks for 15 minutes.
Combine all dry ingredients, including lemon zest; whisk well.

All (100%) author royalties for retail and online sales of the Kitchen Maven cookbook will go directly from the publisher, Gatekeeper Press, to the Oregon Food Bank.

#### You can find the book here: https://kitchenmaven.org

When the 2020 pandemic brought upheaval to everyone on the planet, Oregon grandmother, home chef, food writer, and Kitchen Maven Judi Berman-Yamada set to work writing her cookbook to benefit the Oregon Food Bank and her neighbors experiencing food insecurity. While creating her cookbook, Yamada began eating better (she lost forty pounds), moving more and improved her own health.

"This ongoing food shortage has become more crucial than ever as local hunger relief programs observed a 40% rise in food insecurity and the need for assistance during the pandemic, Access to nourishing food is difficult for countless people in rural, inner city and low-income communities. To maintain services for those affected by food insecurity, local Food Banks and other food relief agencies need continued aid. Whether we make donations, volunteer time, grow and distribute food, or even contribute a cookbook, we can all help." - Judi Berman-Yamada

> When limiting sugar in a recipe, I find that fruity desserts and treats are most forgiving and delicious. This one, which I adapted, both simplifies the process and increases the fiber. And they are really good. Fresh blueberries are readily available in supermarkets year-round and they're packed with nutrition. Try these tasty bars as part of a brunch, teatime treat, in lunch boxes or as part of your holiday presentation.

They take just minutes to prepare and are probably one of the quickest easiest cookies I've ever baked. Enjoy!

Cut the frozen butter chunks into the dry ingredients until granules look like coarse sand with some small pea sized bits throughout. When butter is well incorporated, drizzle in the ice water. Mix well. Mixture should be just moist enough to hold together when squeezed between the fingers. Alternatively, put whisked dry ingredients into food processor along with frozen butter chunks and pulse until mixture is as described above. Then drizzle in the water while pulsing the processor. Turn the mixture out to a bowl and stir together thoroughly. Evenly press <sup>3</sup>/<sub>4</sub> of the mixture into the ungreased 9-inch square pan. Scatter berries in one even layer over the pastry base. Top the berries with remaining pastry mixture. Bake on middle rack of preheated 375-degree F oven 30-35 minutes or until pastry is golden. Cool completely (at least 1 hour) before cutting into 12 blueberry bars.

\*If using salted butter, decrease salt to 1/4 teaspoon.

# TIDES OF CHANGE

## SHINE A LIGHT

♦SUPPORT SURVIVORS ♦HONOR THOSE WHO'VE LOST THEIR LIVES ♦GIVE HOPE TO THOSE STILL LIVING WITH ABUSE **MISSION:** To provide hope, safety and support to those impacted by gender-based violence and shift cultural norms through advocacy, education and community collaboration. Tides of Change provides the following services for survivors of domestic/dating violence, sexual violence, stalking and trafficking: 24-hour crisis intervention, emergency shelter, advocacy, counseling, support groups, information and referral, and protection order assistance. We serve survivors of all ages and genders. Services are free and confidential, and for both present and past experiences.



**EVENTS:** Soup Bowl, Domestic Violence Awareness Month, and Sexual Assault Awareness Month.

**DONATE:** In person at our advocacy office, through our mailing address or online through our website or facebook.

This Domestic Violence Awareness Month, we're inviting everyone to

To spark change, we have to talk openly and acknowledge how domestic abuse affects our communities, our families and our lives. We have to be brave. We have to See DV.

## EVENT DONATIONS & CORPORATE GIVING:

**Contact:** Valerie Bundy info@tidesofchangenw.org www.tidesofchangenw.org 503-842-9486

#### **VOLUNTEER:**

- Front Desk Support
- Helpline Coverage
- Kids Club Volunteers
- Preparing Mailings
- Fundraiser & Event Support
- Maintenance
- Professional Services





**MISSION**: Tillamook County Wellness aims to positively influence policies, systems, environments, community norms and values to promote healthful lifestyles and reduce risk for chronic disease.

PO Box 489, Tillamook OR 97141 www.tillamookcountywellness.org info@tillamookcountywellness.org 503-815-2285

Tillamook County Wellness (TCW) is a grassroots coalition of friends, families and organizations working together to improve population health in ways that make healthy choices the easy choices. Led by an Advisory Committee appointed by the Board of County Commissioners and several Action Committees, TCW is creating communities where all people can contribute to "making healthy happen."

**EVENTS:** Visit TillamookCountyWellness.org for local activities and classes that can help you live your best life now. Join the National Diabetes Prevention Program that helps people reverse their risk for type 2 diabetes. Get tips and inspiration to make simple but lasting lifestyle changes to power up your well-being. Join a walking group. Explore an interactive recreation map. Try a new recipe. **DONATE:** For tax-deductible donations, give to the Community Well-being Fund at AdventistHealthTillamook.org/giving or send check c/o Adventist Health Tillamook, Attn: Community Well-being, 1000 Third Street, Tillamook OR 97141 SPONSORSHIP & CORPORATE GIVING: Contact Michelle Jenck for opportunities to support community health events and projects. **VOLUNTEER:** Volunteer-led Action Committees promote wellness around Tillamook County. Visit our website to learn how you can get involved!

**Tillamook K9 Rescue** 

6965 Officer's Row/PO Box 1277 Tillamook, OR 97141

http://tillamookk9rescue.org Tillamookk9@gmail.com 866-364-7377





Donations to our organization are tax deductible. Donations can be mailed to our PO. BOX or made through our website. We accept donations of food, toys, leashes, harnesses, towels, and blankets. We have a bin at the Tillamook Farmer's Co-Op for any physical donations or you can call us to schedule a drop off appointment. You can also sponsor a kennel, or play yard.

Mission: Tillamook K9 Rescue is the main provider assisting Law Enforcement with found dogs throughout Tillamook County. If Law Enforcement responds to an emergency where an owner may need emergency medical care or possibly is arrested, any dogs in residence are delivered to the kennel for their safety and care. Law Enforcement may also deliver any dogs that have been found roaming at large.

With the help of our volunteers, we provide care for the dogs at our shelter. Our staff handles intakes, adoptions and releases. We hold the animals for seven days, if we aren't able to find the owners the dogs become available for adoption. A dog in our care receives two meals a day, any needed medical attention, along with socialization, exercise and love.



We are looking for animal loving volunteers to participate in all the aspects of caring for dogs including feeding, watering, petting, walking, training, scooping poop, doing laundry, cutting grass, maintaining our structures, participating in fund raising efforts, sharing lost and/or available dogs on social media, fostering, transporting to the vet, taking dogs to the groomer, bathing the stinky, treating the sickly, and loving them all. Must be 18 or older or minors must be 16 and accompanied by a guardian.

VOLUNTEER • DONATE • GET INVOLVED

www.tbnep.org • 503.322.2222

## **Tillamook Estuaries Partnership**

## Volunteers Needed

The TEP needs volunteer support with our water quality monitoring program, the native plant nursery and with seed collection in the coming year. If interested please email jesse@tbnep.org or visit our website.



TILLAMOOK ESTUARIES PARTNERSHIP Dedicated to the conservation and restoration of Tillamook County's watersheds through active stewardship, scientific inquiry, community engagement, and education.

Tillamook Estuaries Partnership, 613 Commercial Street, PO Box 13, Wheeler, OR 97118

Photo by Roger Ross Photography





#### LIMITED INCOME HOME IMPROVEMENT PROGRAM

A home that is functional, healthy, and safe is of the utmost importance. Tillamook PUD recognizes this, and that is why we partner with the Community Action Team and CARE, Inc. to help fund the Limited Income Home Improvement Program. This program provides local families and individuals that have financial constraints with assistance to complete necessary improvement projects at their residence. Projects range from installing ductless heat pumps and replacing windows or insulation, to making safety improvements such as building

an accessibility ramp.

#### **COMMUNITY SUPPORT GRANT PROGRAM**

So much of what makes Tillamook County an outstanding place to be are the projects and programs organized by not-for-

programs organized by not-torprofit groups and dedicated citizens in our community. Tillamook PUD is pleased to support a variety of community projects through the Tillamook PUD Community Support Grant Program. Grant applications and information are typically available by mid-December each year, applications are due



mid-February of the following year.

For more information about these and other programs at Tillamook PUD, visit www.tpud.org or contact us at 503-842-2535.



P.O. Box 433 • 1115 Pacific Ave • Tillamook, OR 97141



Spay • Neuter • Adopt

Our mission is to alleviate the suffering of companion animals in Tillamook County. The root cause of much of this suffering stems from overpopulation.

United Paws is excited to announce we have opened our own spay/neuter clinic. This is a big investment for us, but we know it is the only way to have a bigger impact on overpopulation. With your generous help, United Paws will ramp up its attack on the overpopulation problem by spaying and neutering hundreds of animals in its new clinic this coming year. Your contributions make a direct impact saving the lives of companion animals throughout our County. Thank you for giving!

Our rescue/foster/adopt program saves hundreds of lives each year through the dedicated work of our volunteer fosters, but there are still far too many who perish from hunger and exposure because they have no home. The only answer to this sad situation is spaying and neutering more animals, preventing these unwanted births before tragedy can occur.

**TO DONATE:** Checks - P.O. Box 159, Tillamook 97141 Credit cards <u>www.unitedpaws.org</u>

Peace and compassion toward all living beings.



Tillamook Farmers' Cooperative is committed to supporting animal rescue organizations within Tillamook County. We are passionate and support the animals most critical meeds when they need it the most.

Tillamoon Farmers' Gooperative carries a full line of pet supplies

1920 Main St. N Tillamock. 08.97141 503-642-4457 www.bliamockfarmeriscop.com Come jon us on Facebook. Tillamock Farmers' Co-op

#### **Tillamook County Non-Profit Organizations**

A Cause for Paws Tillamook 9980 South Prairie Rd Tillamook, OR 97141 503-842-1515 acauseforpawstillamook@gmail.com www.acauseforpawstillamook.com

Adventist Health Adventist Health Tillamook 1000 Third Street Tillamook, OR 97141 503-842-4444; 503-368-6544 North County AH\_TillamookGiving@ah.org www.AdventistHealth.org/Tillamook

Adventist Health Faith in Action 1000 Third Street Tillamook, OR 97141 503-815-2272 dejesumr@ah.org www.AdventistHealth.org/Tillamook

American Association of University Women, Tillamook 1185 NE Necarney Street Rockaway Beach, OR 97136 503-355-8610 aauwtillamook.cvp@gmail.com www.Tillamook-Or.AAUW.Net

Animal Haven by the Sea Rescue PO Box 371 Manzanita, OR 97130 503-368-7719 care@animalhavenbythesea.org www.AnimalHavenbytheSea.org

Anyway Foundation 34965 Highway 53 Nehalem, OR 97131 503-368-9463 nbwines@hotmail.com www.anywayfoundation.org

Art Accelerated 4185 Westwood Dr Tillamook, OR 97141 503-809-9172 artaccelerated@gmail.com www.Artaccelerated.org

Bay City Arts Center PO Box 3124 Bay City, OR 97107 503-377-9620 baycityartscenter@gmail.com http://www.baycityartscenter.weebly.com/

CARE 2310 First Street, Suite 2 Tillamook, OR 97141 503-842-5261 www.careinc.org CASA of Lincoln & Tillamook County PO Box 1213 Tillamook, OR 97141 503-842-8432 executive.director@casa-vfc.org

CHILD Nehalem Bay United Methodist Church PO Box 156 36050 10th St Nehalem, OR 97131 503-368-5612 nbumcchild@gmail.com

Coast Kids PO Box 23 Manzanita, OR 97130 503-440-9686 support@coastkids.org www.coastkids.org

Columbia Pacific CCO 315 SW 5th Avenue Portland, OR 97204 Customer Service: 503-488-2822 www.colpachealth.org

Community Action Team – Tillamook Head Start PO Box 713 1100 Miller Ave 3808 12th Street Tillamook, OR 97141 503-842-5180 Miller Ave 503-354-5360 12th Street www.nworheadstart.org

Consejo Hispano Formerly known as Lower Columbia Hispanic Council 1373 Duane St. Astoria, OR 97103 Office 503-325-4547 info@consejohispano.org www.consejohispano.org

Dunes Management djm@nehalemtel.net

Emergency Volunteer Corps of Nehalem Bay PO Box 598 Manzanita, OR 97130-0598 503-389-5820 info@evcnb.org www.evcnb.org

Eugene Schmuck Foundation PO Box 58 Manzanita, OR 97130 ESFfoundation@yahoo.com www.eugeneschmuckfoundation.org FACT Oregon 503-786-6082, 541-695-5416 English: support@factoregon.org Spanish: apoyo@factoregon.org https://factoregon.org/

Fire Mountain School 6505 Elk Flat Rd Arch Cape, OR 97102 503-436-2610 firemountainschool@gmail.com www.firemountainschool.org

Food Roots PO Box 1275 Tillamook, OR 97141 503-815-2800 office@foodrootsnw.org www.foodwrootsnw.org

Friends of NCRD (North County Recreation District) PO Box 511 Nehalem, OR 97131 www.friendsofncrd.org

Friends of Nedonna Marsh sthompson@pomona.edu

Friends of Netarts Bay Watershed, Estuary, Beach and Sea (WEBS) PO Box 243 Garibaldi, OR 97118 info@netartsbaywebs.org www.netartsbaywebs.org Facebook: www.facebook.com/ netartsbaywebs Instagram: www.instagram.com/ netartsbaywebs

Friends of Tillamook Air Museum (FOTAM) 4000 Blimp Blvd Tillamook, OR 97141 503-842-1130 FriendsOfTillamookAirMuseum@gmail. com www.FriendsOfTillamookAirMuseum.org

Friends of Tillamook Police 210 Laurel Avenue Tillamook, OR 97141 503-664-0297 info@friendsoftillamookpolice.org www.friendsoftillamookpolice.org

Fulcrum Community Resources PO Box 136 Nehalem, OR 97131 503-368-6874 info@fulcrumresources.org www.fulcrumresources.org

Garibaldi Cultural Heritage Initiative/Coast Guard Boathouse PO Box 671 1209 Bay Lane Garibaldi, OR 97118 savegaribaldipier@gmail.com www.savegaribaldipier.org

Garibaldi Lions Club shehawks@hotmail.com karnasmoon@yahoo.com

Garibaldi Museum PO Box 5 112 Garibaldi Ave Garibaldi, OR 97118 503-322-8411 info@GaribaldiMuseum.org www.garibaldimuseum.org

Heart of Cartm PO Box 122, Manzanita, OR 97130 The Refindery Creative Reuse Store 395 Nehalem Boulevard Wheeler, Oregon 97147 971-389-8414 jessi@heartofcartm.org heartofcartm.org instagram: @heartofcartm Facebook: Heart of Cartm

Helping Hands Reentry Outreach Centers PO Box 413 Seaside, OR 97138

503-354-8014 contact\_us@helpinghandsreentry.org www.helpinghandsreentry.org

Hoffman Center for the Arts PO Box 678 Manzanita, OR 97130 503-368-3846 hoffmancenter@nehalemtel.net www.hoffmanblog.org

Hope Chest Thrift Shops 36345 Highway 101 N Nehalem, Oregon 97131 316 Hwy 101N Rockaway, OR 97136 503-368-4461 for Nehalem 503-355-3333 for Rockaway

HUGGS (Helping Us Give/Get Support) c/o Fulcrum Community Resources PO Box 136 Nehalem, OR 97131 503-939-5416 huggsinfo@gmail.com Kiawanda Community Center PO Box 1111 Pacific City, OR 97135 503-965-7900 Kiawandacc@gmail.com https://kiawanda.com/

Kiwanis Club of Tillamook Foundation PO Box 941 Tillamook, OR 97141 503-801-2077 tillamookkiwanis@gmail.com See us on Facebook at Kiwanis Club of Tillamook

KMUN PO Box 269 1445 Exchange St Astoria, OR 97103 503-325-0010 www.kmun.org

Latimer Quilt & Textile Center 2105 Wilson River Loop Rd Tillamook, OR 97141 503-842-8622 latimertextile@centurylink.net www.latimerquiltandtextile.com

Lower Nehalem Community Trust PO Box 496 532 Laneda Ave Suite C Manzanita, OR 97130-0496 503-368-3203 Inct@nehalemtrust.org www.nehalemtrust.org

Lower Nehalem Watershed Council PO Box 249 Nehalem, OR 97131 503-368-7424 info@nehalemwatershed.org www.nehalemwatershed.org

Manzanita Farmers Market PO Box 6o8 Manzanita, OR 97130 info@manzanitafarmersmarket.com www.manzanitafarmersmarket.com

Marie Mills 503-842-2539 Ext. 1200 Ron@mariemillscenter.com http://mariemillscenter.com

Meals for Seniors, Inc PO Box 852 Rockaway Beach, OR 97136 503-317-8967 Mealsforseniorsinc@gmail.com www.mealsforseniorsrockawaybeach.org Monday Musical Club of Tillamook PO Box 983 2406 10th Street Tillamook, OR 97141 503-842-6865 mondaymusicalclub@gmail.com www.mondaymusicalclub.com

Mudd Nick Foundation PO Box 250

58 Laneda Ave (Mudd Dog Stand) Manzanita, OR 97130 503-999-8940 www.muddnickfoundation.com

NeahCasa PO Box 384 Nehalem, OR 97131 503-440-1342 info@neahcasa.org www.neahcasa.org

Nehalem Bay Garden Club PO Box 261 Wheeler, OR 97147 constance@nehalemtel.net

Nehalem Bay Health Center & Pharmacy (formerly known as Rinehart Clinic) PO Box 176 230 Rowe Street Wheeler, Oregon 97147 800-368-5182 outreach@nehalembayhealth.org nehalembayhealth.org

Nehalem Bay Health District PO Box 6 278 Rowe Street Wheeler, OR 97147 503-368-5119 info@nehalembayhd.org www.nehalembayhd.org

Nehalem Bay UMC Food Pantry Nehalem Bay United Methodist Church PO Box 156 36050 10th St. Nehalem, OR 97131 503-368-5612 nehalembayumc@gmail.com

Nehalem Bay Volunteer Firefighter Association 36375 Hwy 101 N Nehalem, OR 97131 503-368-7590 Imizrig@gmail.com www.nehalembayfirerescue.org

Nehalem Senior Lunches Nehalem Bay United Methodist Church PO Box 156 36050 10th St. Nehalem, OR 97131 503-368-5612 nbumcnsl2020@gmail.com

Nehalem Valley Historical Society PO Box 704 225 Laneda Ave Manzanita, OR 97130 503-407-5155 info@nehalemvalleyhistory.org www.NehalemValleyHistory.org

Neskowin Farmers Market neskowinfarmersmarket@gmail.com

Nestucca, Neskowin & Sand Lake Watersheds Council PO Box 86 34600 Cape Kiwanda Drive Pacific City, OR 97135 503-965-2200 nnwc@nestuccawaters.org www.nestuccawaters.org

Nestucca Valley Community Alliance 503-965-0018 nvcainfo@gmail.com www.nestucca.org

Nestucca Valley Early Learning Center 503-392-4449 X1 admin@nvelc.com www.nvelc.com

New Discoveries Preschool PO Box 191 Nehalem, OR 97131 503-368-3468 newdiscoveriespreschool321@gmail.com https://www. newdiscoveriescooppreschool.com

North Coast Communities for Watershed Protection PO Box 345 Wheeler, OR 97147 503-355-2516 rockawaycitizen.water@gmail.com healthywatershed.org Facebook www.facebook.com/ NCCWATERSHEDPROTECTION

North Coast Land Conservancy PO Box 67 Seaside, OR 97138 503-738-9126 nclc@nclctrust.org www.NCLCtrust.org North County Food Bank PO Box 162 278 Rowe St Wheeler, OR 97147 503-368-7724 northtillamookcountyfoodbank@gmail. com www.northtillamookcountyfoodbank.org

North County Recreation District PO Box 207 36155 9th St Nehalem, OR 97131 855-444-6273 info@ncrd.org www.ncrd.org

North Oregon Coast Symphony PO Box 503 Cannon Beach, OR 97110 info@northoregoncoastsymphony.org www.northoregoncoastsymphony.org

North Tillamook County Women's Association PO Box 73 Manzanita, OR 97130 info@ntcwa.org www.ntcwa.org

North Tillamook Library Friends PO Box 147 Manzanita, OR 97130 503-368-6665 NTLF1987@gmail.com

Northwest Parenting Hub - Tillamook 906 Main Ave. Tillamook, OR 97141 503-842-8201 www.nwresd.org

Northwest Senior and Disability Services https://nwsds.org

Oregon COAAST Network julie@oregoncoaast.org www.sammysplace.info Facebook: Oregon COAAST Network

Nestucca, Neskowin & Sand Lake Watersheds Council PO Box 86 34600 Cape Kiwanda Drive Pacific City, OR 97135 503-965-2200 nnwc@nestuccawaters.org www.nestuccawaters.org Nestucca Valley Community Alliance 503-965-0018 nvcainfo@gmail.com www.nestucca.org

Nestucca Valley Early Learning Center 503-392-4449 X1 admin@nvelc.com www.nvelc.com

New Discoveries Preschool PO Box 191 Nehalem, OR 97131 503-368-3468 newdiscoveriespreschool321@gmail.com https://www. newdiscoveriescooppreschool.com

North Coast Communities for Watershed Protection PO Box 345 Wheeler, OR 97147 503-355-2516 rockawaycitizen.water@gmail.com healthywatershed.org Facebook www.facebook.com/ NCCWATERSHEDPROTECTION

North Coast Land Conservancy PO Box 67 Seaside, OR 97138 503-738-9126 nclc@nclctrust.org www.NCLCtrust.org

North County Food Bank

PO Box 162 278 Rowe St Wheeler, OR 97147 503-368-7724 northtillamookcountyfoodbank@gmail. com www.northtillamookcountyfoodbank.org

North County Recreation District PO Box 207 36155 9th St Nehalem, OR 97131 855-444-6273 info@ncrd.org www.ncrd.org

North Oregon Coast Symphony PO Box 503 Cannon Beach, OR 97110 info@northoregoncoastsymphony.org www.northoregoncoastsymphony.org

North Tillamook County Women's Association PO Box 73 Manzanita, OR 97130 info@ntcwa.org www.ntcwa.org

North Tillamook Library Friends PO Box 147 Manzanita, OR 97130 503-368-6665 NTLF1987@gmail.com

Northwest Parenting Hub - Tillamook 906 Main Ave. Tillamook, OR 97141 503-842-8201 www.nwresd.org Northwest Senior and Disability Services https://nwsds.org

**Oregon COAAST Network** julie@oregoncoaast.org www.sammysplace.info Facebook: Oregon COAAST Network

Rainy Day Village PO Box 118 Manzanita, OR 97130 info@rainydayvillage.org www.rainydayvillage.org

**Riverbend Players** riverbendplayerso208@gmail.com www.riverbendplayers.org

**Rockaway Beach Lions** rkhemberry@centurylink.net

Rotary Club of Tillamook PO Box 201 Tillamook OR 97141 bhurliman@yahoo.com www.TillamookRotary.com Salmon SuperHwy PO Box 4 Nehalem, OR 97131 503-801-1865 sarah.zwissler@tu.org www.salmonsuperhwy.org

Sammy's Place PO Box 53 Nehalem, OR 97131 503-312-1378 kathyjeaninoregon@hotmail.com www.sammysplace.info

Sitka Center for Art and Ecology 56605 Sitka Dr Otis, OR 97368 541-994-5485 info@sitkacenter.org sitkacenter.org 32

Smiley Brothers & Sisters Salmon Harvest 16900 Lucky Lane Nehalem, OR 97131 503-939-5416 laura@nehalemtel.net www.smileybrothers.org

South Tillamook County Library Club P.O. Box 66 Pacific City, OR 97135 503-965-6167 dpotempa@hotmail.com

State Forests Trust of Oregon Mailing: PO Box 15036 Salem, OR 97309 Physical: 45500 Wilson River Hwy Tillamook, OR 97141 971-301-3055 info@stateforeststrust.org www.stateforeststrust.org

**Tides of Change** (formerly Tillamook County Women's **Resource Center**) PO Box 187 1902 2nd St. Tillamook, OR 97141 503-842-9486; 800-992-1679 info@tidesofchangenw.org www.tidesofchangenw.org

**Tillamook Anglers** jdovetillanglers@gmail.com

**Tillamook Animal Shelter** 503-842-5200 tillamookanimalshelter@gmail.com http://tillamookanimalshelter.org

**Tillamook Bay Community College** Foundation Mailing: 4301 Third St

Physical: 4506 Third Street Tillamook, OR 97141 503-842-8222 ext. 1026 brittalawrence@tillamookbaycc.edu http://tillamookbaycc.edu/tbcc-foundation

Tillamook Bay Community College **SNAP Training and Employment Program** (STEP) 4301 Third St

Tillamook, OR 97141 503-842-8222 Ext 1160 https://tillamookbaycc.edu/financial-aidcost/snap-step-support/

Tillamook Bay Watershed Council PO Box 509 Garibaldi, OR 97118 503-523-8387 tillamookbaywatershedcouncil@gmail.com https://tillamookbay.org/

Tillamook County 4-H Association 4506 Third Street Tillamook, OR 97141 503-842-3433 TillamookExtensionOffice@oregonstate. edu http://extension.oregonstate.edu/ tillamook/4h

Tillamook County Community Health Centers PO Box 489 801 Pacific Ave Tillamook, OR 97141 800-528-2938, fax: 503-842-3093 503-842-3900; TTY:711 http://Tillamookchc.org/

**Dental Clinic** 805 Ivy Avenue, Suite B Tillamook, OR 97141 503-842-2356

North County Clinic 276 S Hwy 101 Rockaway Beach, OR 97136 503-842-3900, fax: 503-842-3093

**Tillamook County Cultural Coalition** c/o TCPM, 2106 2nd St Tillamook, OR 97141 tillamookccc@gmail.com www.tcpm.org/tillamook-co-culturalcoalition.html

Tillamook County Habitat for Humanity/ ReStore PO Box 988 4192 Hwy 101 Tillamook, OR 97141 503-842-7472 bsmith@tillamookhabitat.org www.tillamookhabitat.org

**Tillamook County Housing Commission** 1510-B Third Street Tillamook, OR 97141 TillamookCoHousingCommission@gmail. com https://www.co.tillamook.or.us/bc-hc

**Tillamook County Library Foundation** 1716 Third Street Tillamook, OR 97141 503-842-4792 tillamookcolibraryfoundation@gmail.com www.tillamookcountylibraryfoundation.org

**Tillamook County Pioneer Association** PO Box 992 2106 2nd St Tillamook, OR 97141 503-842-4553 ruby@tcpm.org Facebook Tillamook County Pioneer Association Members Group Page

**Tillamook County Pioneer Museum** 2106 Second St Tillamook, OR 97141 503-842-4553 www.tcpm.org

**Tillamook County Wellness** PO Box 489 Tillamook, OR 97141 503-815-2285 info@tillamookcountywellness.org www.tillamookcountywellness.org

**Tillamook Early Learning Center** 1100 Miller Avenue Tillamook, OR 97141 503-842-5730 director@tillamookelc.org www.tillamookelc.org

**Tillamook Estuaries Partnership** PO Box 493 613 Commercial St, Port of Garibaldi Garibaldi, OR 97118 503-322-2222 info@tbnep.org www.tbnep.org

**Tillamook Family Counseling Center** 906 Main Ave. Tillamook, Or 97141 503-842-8201; 800-962-2851 www.tfcc.org

**Tillamook Farmers Market** 210 Laurel Ave. Tillamook, OR 97141 503-812-6807 sayde@tillamookchamber.org http://www.tillamookfarmersmarket.com

Tillamook K9 Rescue PO Box 1277 6965 Officers Row

Tillamook, OR 97141 866-364-7377 Message Line tillamookkg@gmail.com http://tillamookkgrescue.org/ **Tillamook Public Utilities District** PO Box 433 1115 Pacific Avenue Tillamook, Oregon 97141 503-842-2535; 800-422-2535 EMERGENCY AFTER-HOURS: 503-842-2122 tsc97141@gmail.com jstelzig@tpud.org www.tpud.org

**Tillamook Serenity Club** PO Box 1023 5012 3rd St Tillamook, OR 97141 503-842-1115 tsc97141@gmail.com www.tillamookserenityclub.org

**Tillamook YMCA** 610 Stillwell Ave Tillamook, OR 97141 503-842-9622 info@tillamookymca.org www.tillamookymca.org

Trailkeepers of Oregon PO Box 14814 Portland, OR 97293 971-206-4351 www.trailkeepersoforegon.org

United Paws of Tillamook PO Box 159 1180 N. Main Tillamook, OR 97141 503-842-5663 Message Line unitedpawshelp@gmail.com www.unitedpaws.org

White Clover Grange 36585 Highway 53 Nehalem, OR 97131 503-739-5581 vivi@nehalemtel.net www.whiteclovergrange.org

Wildlife Center of the North Coast PO Box 1232 Astoria, OR 97103 503-338-0331 director@coastwildlife.org http://www.coastwildlife.org/

William T. Brun Foundation 6900 Munson Creek Road Tillamook, OR 97141 503-842-8796 brunsfoundation@gmail.com

WorkSource 2101 5th St. Tillamook, OR 97141 503-845-4488 OED\_190@oregon.gov www.worksourceoregon.org **Tillamook Serenity Club** PO Box 1023 5012 3rd St Tillamook, OR 97141 503-842-1115 www.tillamookserenityclub.org

**TillamookYMCA** 610 Stillwell Ave Tillamook, OR 97141 503-842-9622 info@tillamookymca.org www.tillamookymca.org

Trailkeepers of Oregon PO Box 14814 Portland, OR 97293 971-206-4351 www.trailkeepersoforegon.org

United Paws of Tillamook PO Box 159 1180 N. Main Tillamook, OR 97141 503-842-5663 Message Line unitedpawshelp@gmail.com www.unitedpaws.org

White Clover Grange 36585 Highway 53 Nehalem, OR 97131 503-739-5581 vivi@nehalemtel.net www.whiteclovergrange.org

Wildlife Center of the North Coast PO Box 1232 Astoria, OR 97103 503-338-0331 director@coastwildlife.org http://www.coastwildlife.org/

William T. Bruns Foundation 6900 Munson Creek Road Tillamook, OR 97141 503-842-8796 brunsfoundation@gmail.com

WorkSource 2101 5th St Tillamook, OR 97141 503-845-4488 OED\_190@oregon.gov www.worksourceoregon.org



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The TBCC Foundation works with our community to ensure students have access to scholarships and the support they need to receive an education through Tillamook Bay Community College. By investing in the TBCC Foundation, you are investing in student success. You are investing in our future workforce, in entrepreneurs, and in the prosperity of our community.

#### **MAKE A GIFT**

You can make a charitable gift of any size to the TBCC Foundation to support our mission, an academic program, or student scholarship.

### FUND A SCHOLARSHIP

Annual scholarships are a critical part of providing students with access and opportunity. For a minimum annual contribution of \$1,000 you can start a scholarship.

### **CREATE AN ENDOWMENT**

Leave a lasting legacy by establishing an endowed scholarship. An endowment can be stared for \$25,000 and will provide funds for scholarships into perpetuity

### PLAN FOR THE FUTURE

Leave a gift to the TBCC Foundation through vour estate plan. You can establish an endowed scholarship in memory or honor of someone important to you that supports a special interest or academic field.





/tbcc-foundation



brittalawrence @tillamookbaycc.edu

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## **IT TAKES COMMUNITY TO MAKE COMMUNITY DONOR DOLLARS AT WORK:**

#### Seasonal Youth **Sports Programs**

- Baseball
- Softball
- Football
- Volleyball
- Basketball

#### Swim Lessons

- Water acclimation (parent and tot)
- Beginner to advanced
- Competition Swim Team
- Teens and adults

#### Youth Development

- Preschool
- Afterschool
- Non-school day Day Camps
- Homeschool PE

#### Community

#### Resources

- Chronic disease and wellness classes
- COVID careline

#### **Group Fitness** Classes

- 50+ weekly classes
- Virtual library
- Free programs for seniors 65+

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#### Aquatics

- Certified lifequards
- Two saline pools
- Lap swimming
- Group aerobic classes
- Dry sauna



**Tillamook County Family YMCA** 610 Stillwell Ave in Tillamook

www.tillamookymca.org 503-842-9622 501(c)(3) Tax ID: 93-0457167