









RESOURCE QUICK GUIDE—FOOD PANTRIES/DESPENSAS DE ALIMENTOS

OFB—TCS and affiliated agencies are the same for everyone without regard to their race, color, national origin, age, gender, sexual orientation, or disability. *Because no one should be hungry...*
 OFB-TCS y las agencias afiliadas son iguales para todos sin importar raza, color, procedencia, edad, sexo, orientación sexual o incapacidad. *Porque nadie debe tener hambre...*

SITES/SITIOS	MONDAY/ LUNES	TUESDAY/ MARTES	WEDNESDAY/ MIÉRCOLES	THURSDAY/ JUEVES	FRIDAY/ VIERNES	SATURDAY/ SÁBADO
North County Food Bank 278 Rowe Street, Wheeler, OR 97147 503-368-7724 Tuesday/Martes 12 pm to 3 pm 		12PM — 3PM				
God's Lighthouse 103 Eighth Street, Garibaldi, OR 97118 503-322-3501 10 am to Noon Open 2 Fridays per month Please call for dates Abierto 2 Viernes por mes Llame para fechas 					Two Fridays per Month/ Dos viernes al mes 10AM/ 12PM	
Tillamook Food Pantry 3808 12th Street, Tillamook, OR 97141 503-815-3880 Monday/Lunes 2pm to 6pm 	2PM — 6PM					
Nestucca Pass It On Ministries 24425 Bunn Creek Road, Beaver, OR 97108 503-398-5508 Tuesday/Martes 10 am to Noon Thursday/Jueves 4 pm to 6 pm 		10AM — 12PM		4PM — 6PM		
South County Food Pantry 35305 Brooten Road, Pacific City, OR 97135 503-392-3972 Every other/Cada dos Tuesday/martes 12:30 pm to 6 pm 		Every Other Tuesday/ Cada otro el martes 12:30PM/ 6PM				
Hebo Food Pantry 31350 Highway 101 S, Hebo, OR 97122 503-392-3585 Open last Saturday of the month Noon to 2 pm Abierta el último sábado del mes Mediodía a 2 p.m. 						Last Sat. Of Month/ Último sábado de mes 12PM/ 2PM
Seventh Day Adventist Community Services <i>Clothing and household items available</i> 2710 First Street, Tillamook, OR 97141 503-842-4794 Tuesday and Thursday/Martes y jueves 10 am to 2 pm 		10AM — 2PM		10AM — 2PM		
Nehalem Bay United Methodist Church 36050 10th Street, Nehalem, OR 97131 503-368-5612 Monday, Wednesday, Friday, and Saturday /Lunes y Miercoles y viernes y sabado 	10AM — 2PM		2PM — 6PM		10AM — 2PM	10AM — 2PM

COMMUNITY PARTNERS SOCIOS DE LA COMUNIDAD

Community Action Resource Enterprises (CARE)

2310 1st Street
 Tillamook, OR 97141
 503-842-5261



SNAP Sign-up and information Department of Human Services

4670 East 3rd Street
 Tillamook, OR 97141
 503-842-4453
 877-317-9911

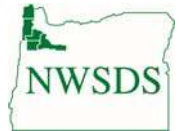


Toll-free number/al numero gratuito

<http://www.oregon.gov/DHS/assistance/food-benefits/pages/index.aspx>

North West Senior and Disability Services

4670 East 3rd Street
 Tillamook, OR 97141
 503-842-2770



Food Roots

113 Main Ave
 Tillamook, OR 97141
 503-815-2800



OSU Extension Service

4506 3rd Street East
 Tillamook, OR 97141
 503-842-3433



SITES/SITIOS	MONDAY/ LUNES	TUESDAY/ MARTES	WEDNESDAY/ MIÉRCOLES	THURSDAY/ JUEVES	FRIDAY/ VIERNES	SATURDAY/ SÁBADO	SUNDAY/ DOMINGO
St. Mary's By The Sea Senior Meals 275 S. Pacific St., Rockaway, OR 97136 503-355-2661 Monday, Wednesday, Friday/Lunes, el miércoles, el viernes Arrive by/llegar por 11:30AM 	Arrive By llegar por 11:30AM		Arrive By llegar por 11:30AM		Arrive By llegar por 11:30AM		
First Christian Church—The Dining Room 2203 Fourth Street, Tillamook, OR 97141 503-842-6213 Tuesday and Thursdays/El martes y el jueves 4 pm to 5:00 pm Entry through doors on Fourth and Madrona Entrada por Fourth y Madrona 		4:00PM — 5:00PM		4:00PM — 5:00PM			
Nazarene Church Meal Site 2611 Third Street, Tillamook, OR 97141 503-842-2549 Saturday/Sábado 4 pm to 5:30 pm Sunday/Domingo 4 pm to 5:30 pm 						4:00PM — 5:30PM	4:00PM — 5:30PM
Come to the Table* 2610 First Street, Tillamook, OR 97141 Wednesday/ miércoles 4:30 pm—5:30 pm *Program is not part of the OFB—TCS Network. Program is a Community Partner. El programa no es parte de la Red OFB - TCS . Es un programa de Socios de la Comunidad 			4:30PM — 5:30PM				
Nehalem Senior Lunches 36050 10th Street, Nehalem, OR 97131 503-368-5612 Tuesday and Thursday/El martes y el jueves 11:30 am—12:30 pm 		11:30AM — 12:30PM		11:30AM — 12:30PM			

COASTAL SENIOR DINING CENTERS (MEALSITE) CENTROS COMEDORES ALTOS COSTEROS (MEALSITE)
Tillamook Senior Center —316 Stillwell, Tillamook, OR, 97141 503-842-9660 CALL FOR INFORMATION LLAME PARA INFORMACIÓN
United Methodist Church —10th & A St, Nehalem, OR, 97131 503-368-3622 CALL FOR INFORMATION LLAME PARA INFORMACIÓN
Kiwanda Community Center —34600 Cape Kiwanda Drive, Pacific City, OR, 97135 503-965-7900 CALL FOR INFORMATION LLAME PARA INFORMACIÓN

Due to the COVID-19 Virus, program days/times and availability may change.
 Debido al virus COVID-19, los días / horarios del programa y la disponibilidad pueden cambiar.